



SACRAMENTO CONTACT LENSES & OPTOMETRY, INC.

SACRAMENTO

701 Howe Avenue, Suite G-48
Sacramento, California 95825
Fax (916) 921-5494
(916) 921-8080

ROSEVILLE

2150 Professional Drive, Suite 190
Roseville, California 95661
Fax (916) 789-1332
(916) 789-2020

QUICK CARE ONE STEP CLEANING & DISINFECTING

1. Clean the lens with **QUICK CARE Starting Solution** (cleaner-disinfecting solution). Put 10 drops on the contact lens and rub for at least 30 seconds, repeat on the second lens.
2. Rinse thoroughly with Saline and store in saline for at least one minute or up to two weeks (**Saline - use only QUICK CARE Finishing Solution, Unisol 4, Lens Plus, Ciba Vision SoftWear Saline or S. C. L. Saline only**).
3. When you are ready to wear the lenses rinse thoroughly with Saline and insert.

DO NOT USE OTHER SOLUTIONS OR EYE DROPS

Solutions containing sorbic acid (B&L Sensitive Eyes), Dymed (Renu), thimerosal, chlorhexadine, bensalkonium chloride, polyquad (Opti-Free), or potassium sorbate as preservatives **can cause severe allergic reactions and discoloration of lenses in some individuals and are not recommended**.