



Thank you for your loyalty as a valued patient of Sacramento Contact Lenses.

We are committed to ensuring a safe environment for our patients, providers and staff. At this time we do not plan on closing our doors so that our patients can still receive the eyecare and products they need.

We are monitoring updates from the Center for Disease Control and Prevention (CDC) as well as local and U.S. government recommendations and direction. We have implemented steps to help prevent the spread of the Coronavirus including but not limited to the following:

- Sanitizing our office with an effective cleaning system
- Regular/daily sanitizing of our lobby, exam rooms and other common areas
- Available hand sanitizer for patients and staff
- Processes to identify potentially infected patients
- Employee education on infection prevention methods

We are hopeful that we can all work together to prevent the spread of the Coronavirus (COVID-19) here in our area and in California.

We ask that you call our office to **reschedule your appointment** if you have or are experiencing the following:

- Flu-like symptoms including soar throat, fever, cough or shortness of breath;
- Recently traveled overseas
- Exposed to someone diagnosed with Coronavirus

The Center for Disease Control (CDC) recommends taking the following precautionary measure:

- Avoid close contact with people who are sick
- Avoid touching your eyes, nose and mouth
- Wash your hands often with soap and water for at least 20 seconds and/or using hand sanitizer with at least 60% alcohol, especially after using the restroom, before eating, after blowing your nose, coughing or sneezing
- Stay home when you are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe

For more information on the Coronavirus and how you can protect yourself, please visit the CDC website at: <https://www.cdc.gov/coronavirus/2019-ncov/>